



## **WORLD SOCCER ACADEMY WINTER TRAINING**

**Welcome to the World Soccer Academy!**

**The World Soccer academy would like to invite your soccer player to join one of our soccer programs.**

**We are committed to providing a first-class soccer development program for players who wish to significantly advance their soccer skills and knowledge of the game.**

### **Program Description:**

**The World Soccer Academy program is designed to help players perform and execute high level techniques while developing keen insight into the nuances of the game.**

**We provide expert training in three general areas:**

### **Soccer Training:**

**Including both technical and tactical elements essential to the game, including ball and body control, turning techniques, tackling, shielding, receiving ground and air balls, shooting and finishing.**

### **Fitness Training:**

**The focus is on developing speed, coordination, agility, footwork, mobility,**

**flexibility, strength, power and injury prevention.**

## **Mental Conditioning:**

**Geared towards continuous psychological improvement through personal awareness, self-confidence, motivation, discipline, goal setting and team building. These mental tools increase player effectiveness in daily play as well as in pressure situations.**

**There will be sessions offered for all levels of players ranging from the novice to Elite player.**

**Sessions will be divided into groups based on age and skill level. There will be a high coach to player ratio.**



## **Programs Offered:**

- 1) Academy Program – this program will consist of 42 sessions that you can choose for your young player to participate in. Players of all skill levels are encouraged to join the Academy to further develop their technical and tactical skills.**
- 2) Elite Program – this program is for those players who have expressed a serious commitment to their soccer development and will have 87 training sessions. *Admission to this program is by invitation only!***

## **DATES:**

**Training will begin Oct. 22, 2010 and end March 31, 2011. Christmas break will be from Dec. 20, 2010 – Jan. 07, 2011. The complete Schedule is posted on the website for you to view.**

## **Fees:**

- 1) Elite program - \$625.00 for the winter session.**
- 2) Academy program - \$400.00**

**Cheques or money orders can be made payable to:**

**World Soccer Academy.  
1411 Dudley Cr.  
Winnipeg, Mb.  
R3M 1P2**

## **Locations:**

**WSA will be offering both our Academy and Elite training programs over the winter at the University of Manitoba Max Bell Centre. In order to maintain the high quality of training we will only have 50 spots available for our winter programs this is to maintain a low player to coach ratio**

## **Times:**

**For the complete schedule please visit the website at:**

**[http://world-soccer-academy.com/WSA Red About/calendar.html](http://world-soccer-academy.com/WSA_Red_About/calendar.html)**